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polymer

Polymer 47 (2006) 7747-7759

www.elsevier.com/locate/polymer

### Confinement, composition, and spin-coating effects on the glass transition and stress relaxation of thin films of polystyrene and styrene-containing random copolymers: Sensing by intrinsic fluorescence

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Received 30 June 2006; received in revised form 25 August 2006; accepted 30 August 2006 Available online 20 September 2006

#### Abstract

The glass transition temperatures ( $T_g$ s) of polystyrene (PS) and styrene/methyl methacrylate (S/MMA) random copolymer films are characterized by intrinsic fluorescence, i.e., monomer fluorescence from an excited-state phenyl ring and excimer fluorescence from an excited-state dimer of two phenyl rings. The  $T_g$  is determined from the intersection of the rubbery- and glassy-state temperature dependences of the integrated fluorescence intensity measured upon cooling from an equilibrated state. With PS, the effects of nanoconfinement on  $T_g$  and the transition strength agree with results from studies using probe fluorescence and ellipsometry. The  $T_g$ -nanoconfinement effect is "tuned" by copolymer composition. As S-content is reduced from 100 mol% to 22 mol%, the confinement effect changes from a reduction to an enhancement of  $T_g$  relative to bulk  $T_g$ . Intrinsic fluorescence is also a powerful tool for characterizing relaxation of residual stresses. Stresses induced by spin coating affect local conformations, which in turn affect excimer and monomer fluorescence and thereby integrated intensity. The heating protocol needed to achieve apparently equilibrated local conformations is determined by equivalence in the integrated intensities obtained upon heating and subsequent cooling. While partial stress relaxation occurs upon heating in the glassy state, full relaxation of local conformations requires that a film be heated above  $T_g$  for times that are long relative to the average cooperative segmental relaxation time. For example, in thin and ultrathin films, equilibration is achieved by heating slowly (~1 K/min) to 15–20 K above  $T_g$ . Dilute solution fluorescence of PS and S/MMA copolymers is also characterized and compared to reports in the literature. © 2006 Published by Elsevier Ltd.

Keywords: Glass transition; Thin film; Copolymer

#### 1. Introduction

Nanoscale confinement of polymers can lead to significant deviations from bulk polymer behavior, including those related to crystallization [1–4], physical cross-linking in associative polymers [5], thermal expansion coefficients [6–12], the glass transition temperature ( $T_g$ ) [10–34], and physical aging [33–35]. Some of the earliest as well as very recent studies on thermal expansion coefficient and  $T_g$  behavior in

nanoconfined polymer films have indicated that there can be significant effects associated with the process and thermal history of the films [6,8,9,11,22]. Several studies have specifically suggested that some of the unusual or anomalous  $T_g$ behavior observed in ultrathin films may be associated with stresses that are built-in during the spin-coating or spin-casting process and remain unrelaxed during the  $T_g$  measurement [12,35,36]. While it has been appreciated for at least twentyfive years that polymer film formation by spin coating and even the much milder solvent-casting process can lead to orientation and non-equilibrium conformations of polymer chains and thereby residual stress effects [36–41], there has been relatively little direct comparison [8,9] of how the thermal

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history of spin-coated polymer films leads to relaxation of residual stresses in polymer films and whether the apparent  $T_g$  is affected by unrelaxed residual stresses.

A potentially powerful manner with which to obtain a qualitative measure of the residual stresses in spin-coated films of polystyrene (PS) in combination with  $T_g$  values in polymer films is intrinsic fluorescence. Intrinsic fluorescence of PS consists of both monomer and excimer fluorescence, the former due to emission from a single excited-state phenyl ring and the latter due to emission from an excited-state dimer consisting of two phenyl rings in a parallel, sandwich-like conformation with an inter-ring separation distance of 3-4 Å [42]. Intrinsic fluorescence of PS and other polymers has been shown to be highly sensitive to issues ranging from local polymer conformational populations in solution and phase behavior in solvents and polymer blends to local microenvironments in bulk homopolymers [43-58]. In particular, excimer formation in PS solutions and blends is almost exclusively associated with trans-trans conformations in meso dyads along the PS chain [58,59], i.e., an increase in *trans* conformations along the local isotactic regions of a PS chain will result in an increase in intramolecular excimer fluorescence.

In 1975, Frank [60] reported that excimer fluorescence of a guest aromatic vinyl polymer, poly(2-vinylnaphthalene), dissolved in a polymer host can be used to monitor the relaxation of the non-equilibrium chain conformation distribution of the guest polymer at temperatures near the  $T_g$  of the host polymer. Later, in 1989 Frank and co-workers [61] demonstrated that the ratio of excimer fluorescence intensity to monomer fluorescence intensity,  $I_e/I_m$ , in spin-cast PS films increased with increasing spin speed (leading to decreasing thickness) and thereby radial stress. The elevated  $I_e/I_m$  values obtained in spin-cast films were qualitatively consistent with the results of a study [62] showing that uniaxial alignment of PS films leads to an increase in  $I_e/I_m$  values. It was rationalized that chain orientation via spin casting can lead to an increase in the concentration of trans conformations along the chains (associated with intramolecular excimer-forming sites), the concentration of intermolecular excimer-forming sites, and a higher rate of energy migration to excimer-forming sites. (It should be noted that the use of intrinsic fluorescence to monitor relaxation of residual stress associated with the processing of polymer films is fundamentally different from studies employing extrinsic probe or label fluorescence to monitor structural relaxation or physical aging in glassy polymer films [22,33,34,63-66].)

Several years ago, our group demonstrated that the temperature dependence of the intrinsic fluorescence of a 12-µm-thick PS film may be used to determine  $T_g$  [23]. At that time, we did not obtain  $T_g$  values for ultrathin PS films ( $\leq 100$  nm) using intrinsic fluorescence due to a low signal-to-noise ratio and instead used probe or label fluorescence (pyrenyl dyes or molecular "rotor" dyes) for  $T_g$  measurements [22–26,33,34]. With improved instrumentation and experimental technique, we now obtain high signal-to-noise ratios for intrinsic fluorescence measurements of thin and ultrathin films of PS and styrene (S)/methyl methacrylate (MMA)

random copolymers. We show that intrinsic fluorescence from thin and ultrathin films of PS and S/MMA random copolymers can be used to characterize both the  $T_g$  (as a function of copolymer composition and process conditions) and the relative state of relaxation of the residual stresses. In order to demonstrate that the fluorescence response of the copolymers is consistent with the results in the literature and to assist the reader in understanding the intrinsic fluorescence of PS and S/MMA random copolymers, we also characterize the fluorescence of our copolymers in dilute solution and compare with studies by David et al. [67] and Reid and Soutar [68].

#### 2. Experimental

#### 2.1. Copolymer synthesis and characterization

Polystyrene and S/MMA random copolymers were synthesized by bulk free radical polymerization at 343 K using benzoyl peroxide (Aldrich, 97%) as initiator. Styrene and methyl methacrylate (Aldrich) were deinhibited with inhibitor remover (Aldrich) and dried over CaH<sub>2</sub>. Copolymer composition was controlled by varying the comonomer content used in the copolymerizations; fractional conversions were held to less than 10% to avoid composition drift. Resulting copolymers were purified by dissolution in toluene (Fisher, 99.9%) and precipitation in methanol (Fisher, 99.9%) at least five times to remove residual monomer and initiator. Samples were dried in a vacuum oven at ~ 393 K for several days prior to use.

The styrene mole fraction ( $F_s$ ) of each copolymer was measured via <sup>1</sup>H NMR (Varian Inova 500 MHz spectrometer) spectroscopy with CDCl<sub>3</sub> as solvent and was in good agreement with expectations based on reactivity ratios for the S/ MMA system [69]. Number average molecular weights of PS and all copolymers exceeded 100,000 g/mol (gel permeation chromatography relative to PS standards in tetrahydrofuran (THF)). The bulk  $T_gs$  of PS and the copolymers were measured by differential scanning calorimetry (DSC) using a Mettler-Toledo DSC822e at a 10 K/min heating rate on the second heating cycle after quenching from elevated temperature at a rate of 40 K/min. Table 1 provides details on PS and copolymer characterization.

Table	1			

Characterization of PS and S/MMA copolymers used in this study										
F <sub>s</sub>	M <sub>S</sub>	$M_{\rm MMA}$	$f_{\rm SS}$	Ns	$f_{\rm SS}N_{\rm S}$	T <sub>g</sub> (onset), DSC	T <sub>g</sub> , Fluorescence			
1.000	1.000	0.000	1.000	_	_	378 K	378 K			
0.782	0.865	0.135	0.597	4.34	2.591	376 K	379 K			
0.652	0.730	0.270	0.372	2.41	0.895	377 K	377 K			
0.581	0.637	0.363	0.266	1.91	0.508	378 K	377 K			
0.390	0.343	0.657	0.073	1.27	0.093	376 K	377 K			
0.215	0.124	0.876	0.027	1.07	0.029	379 K	377 K			
0.088	0.025	0.975	0.013 <sup>a</sup>	1.01	0.013	378 K	378 K			

 $F_{\rm s}$  is the cumulative S mol fraction in the copolymers;  $M_{\rm S}$  and  $M_{\rm MMA}$  are the mol fractions of S and MMA in the monomer mix used to make the copolymers;  $f_{\rm SS}$  and  $N_{\rm S}$  are the S–S dyad fraction and number average sequence length of S units in the copolymers, respectively. Also provided are the bulk  $T_{\rm g}$  values determined by DSC and fluorescence.

<sup>a</sup> Denotes fraction calculated from reactivity ratios.

#### 2.2. Solution studies

Dilute copolymer solutions were made at equal styrene repeat unit content (equivalent to 0.50 g/L PS) in THF (Aldrich, spectrophotometric grade, inhibitor free). Air-equilibrated, solution fluorescence was measured at room temperature ( $\sim 295$  K) in a standard 1-cm-path-length quartz cuvette using a Photon Technologies Incorporated (PTI) QM-2001 SE fluorimeter employing a right-angle geometry, with 1 mm excitation and emission slits (band pass = 1.8 nm). Excitation was done at 260 nm, and emission was measured from 265 nm to 415 nm.

#### 2.3. Film studies

Relatively thick films ( $\sim 5 \,\mu m$ ) were prepared by solution casting of concentrated solutions of PS or copolymers dissolved in THF onto high-purity fused quartz slides. The slides were initially washed with a 10% sodium hydroxide/70% ethanol/20% water solution and then solvent washed. These thick films were dried for 24 h in a Petri dish followed by vacuum drying at room temperature for 24 h and then at 383 K for 36 h. The slow drying process was used to prevent bubble or crack formation. Films that developed bubbles or cracks were discarded. Thin and ultrathin films were prepared by spin coating of dilute PS or copolymer solutions in THF of various concentrations at speeds of 500-4000 rpm for 60 s, yielding film thicknesses ranging from 20 nm to 1000 nm [70,71]. In those cases in which films were used for  $T_{g}$  measurements only, they were then annealed in a vacuum oven for 24 h at 383 K. Films that were used for stress relaxation measurements experienced no annealing prior to measurement. Film thickness was measured with a Tencor P10 profilometer (calibration was verified by using a 14-nm step height standard from VLSI standards) by taking an average of at least 10 measurements close to the center of the film where fluorescence was measured.

A Spex Fluorolog-2DMIB fluorimeter was used to measure fluorescence of films with thickness exceeding 2000 nm. Measurements employed a front-face geometry with 2.5 mm excitation and emission slits (band pass = 4.5 nm). For thin and ultrathin films, fluorescence was measured using a PTI QM-2001 SE fluorimeter using a front-face geometry with 1 mm excitation and emission slits (band pass = 1.8 nm). As the PTI fluorimeter has greater excitation intensity than the Spex fluorimeter, the smaller slit size was used with the PTI instrument to prevent films from photobleaching at high temperature. Film temperature was controlled using a microprocessor controller (Minco Products) with a Kapton ribbon heater attached to a flat aluminum plate with a hole in the center to prevent scattering or fluorescence from the heater itself. For intrinsic fluorescence, excitation was done at 260 nm, and the emission spectrum was measured from 270 nm to 410 nm. For pyrene-doped samples, excitation was done at 322 nm, and the emission spectrum was measured from 360 nm to 460 nm. Pyrene (Aldrich, 99+% purity) was used as received. Unless otherwise specified, fluorescence spectra used to measure  $T_g$  were recorded upon cooling after having annealed samples at  $\sim T_g + 40$  K for 15–60 min. For further information on measurement of  $T_g$ s by fluorescence, see Refs. [22–26].

An M-2000D<sup>TM</sup> spectroscopic ellipsometer (J. A. Woollam Co., Inc.) with an integrated programmable heating source (Instee) was used for measurements characterizing film thickness as a function of temperature above and below  $T_g$  with several heating and cooling cycles. Several heating and cooling cycles were employed with each measurement.

#### 3. Results and discussion

#### 3.1. Solution studies

Fig. 1 illustrates how fluorescence intensity and spectral shape are functions of S composition in dilute solutions of S/MMA copolymers and PS. Fig. 1a compares the spectrum of PS with those of 58/42 mol% and 22/78 mol% S/MMA random copolymers. For PS, a maximum intensity is observed at  $\sim$  328 nm, indicative of excimer fluorescence, with a second, lesser peak at  $\sim$  285 nm indicative of monomer fluorescence (with some contribution from excimer fluorescence). With decreasing S-content in the copolymers, there is a reduction in excimer fluorescence and a major increase in monomer fluorescence. In addition, an isobestic or isoemissive point (point of common intensity) is observed at  $\sim$  320 nm. This point is characteristic of the fact that the fluorescence in these systems, which contain equivalent concentrations of S repeat units, is associated with only two potentially interconvertible species [72], excited-state monomer and excimer.

Fig. 1b compares the spectral shapes of PS with 78/ 22 mol% S/MMA copolymer and of 22/78 mol% S/MMA copolymer with 9/91 mol% S/MMA copolymer. In the case of PS and the high S-content copolymers, the spectral shapes are identical at wavelengths of 335 nm and greater, indicating that, within error, all fluorescence in this range is due to excimer fluorescence. However, PS and the high S-content copolymers differ greatly in spectral shapes at lower wavelengths due to the increasing amount of monomer fluorescence with decreasing S-content. In the case of the two lowest S-content copolymers, the spectral shapes are nearly identical and, within error, indicate a nearly complete absence of excimer fluorescence. The details of the fluorescence spectra presented in Fig. 1 are in accord with previous studies of the fluorescence of dilute solutions of PS and random S/MMA copolymers [43-45,47-50,67,68,73].

The results in Fig. 1 indicate that characteristic values of  $I_e/I_m$  may be obtained from measurements of fluorescence intensities at two wavelengths. A characteristic value of  $I_e$  is obtained by measuring intensity at high wavelength where monomer fluorescence is absent, here the intensity at 360 nm is taken to be characteristic of  $I_e$ . A characteristic value of  $I_m$  is obtained by measuring intensity at low wavelength, 280 nm in the present study, and correcting for the contribution made by excimer fluorescence at that wavelength. We have followed the approach used earlier by David et al. for



Fig. 1. (a) Fluorescence emission spectra of dilute solutions of PS and S/MMA copolymers in THF as a function of S mol fraction. Solutions contain an equal S repeat unit concentration of 0.50 g/L. Spectra are normalized to unity at the peak intensity of the 22/78 mol% S/MMA copolymer. (b) Fluorescence emission spectra of dilute solutions of PS and S/MMA copolymers in THF. Spectra with peak intensities at ~328 nm are for PS (bold line) and 78/22 mol% S/MMA copolymer (dashed line). Spectra with peaks at ~285 nm are for 9/91 mol% S/MMA (bold line) and 22/78 mol% S/MMA (dashed line). Solutions contain an equal S repeat unit concentration of 0.50 g/L. Spectra are normalized to unity by their individual peak intensity.

making this correction. See Ref. [67] for details. (In the discussion below related to Fig. 2, we note that the same conclusions are reached whether  $I_{\rm m}$  is taken to be the uncorrected intensity at 280 nm or a correction is made to account for the contribution of excimer fluorescence at 280 nm.)

Two pictures have been presented in the research literature regarding how  $I_e/I_m$  values obtained in dilute solution fluorescence depend on the composition of S-containing copolymers. David et al. [67] indicated that excimer fluorescence is a direct result of bond rotations that lead to excimer when an excited-state monomer forms a parallel, sandwich-like conformation with a second monomer (phenyl ring) with the requisite inter-phenyl-ring distance to yield an excited-state dimer. In this picture,  $I_e/I_m$  is a linear function of the S–S dyad fraction,



Fig. 2. Excimer to monomer fluorescence intensity ratio of dilute solutions of S/MMA random copolymers as a function of the S–S dyad fraction ( $f_{SS}$ ) and the product of the S–S dyad fraction and number average sequence length of styrene units ( $f_{SS}N_S$ ) in the copolymers.

 $f_{\rm SS}$ , in the copolymer. Reid and Soutar [68] included the possibility of excimer formation occurring by energy migration of an exciton along neighboring phenyl rings on the chain backbone to an excimer-forming site. In this picture,  $I_e/I_m$  is a linear function of the product of the number average sequence length of S units in the copolymer,  $N_S$ , and  $f_{\rm SS}$ . David et al. [67] provided data on S/MMA copolymers consistent with the notion that  $I_e/I_m$  is proportional to  $f_{\rm SS}$  while Reid and Soutar [68] provided data consistent with the notion that  $I_e/I_m$  is proportional to  $N_S f_{\rm SS}$ .

In Fig. 2, we provide plots of the values of  $I_e/I_m$  from our dilute solutions of S/MMA copolymer as functions of  $f_{SS}$ and  $N_{\rm S} f_{\rm SS}$ . (The intensity ratios shown in Fig. 2 were calculated after subtracting out the contribution of excimer fluorescence to the intensity measured at 280 nm. However, the same conclusion is reached even if the intensity ratio employed the intensity at 280 nm without correction for excimer contribution.) In order to draw an exact comparison of our results with the differing conclusions reached by David et al. [67] and Reid and Soutar [68], we have calculated the values of  $f_{\rm SS}$  and  $N_{\rm S}$  in exactly the same way they did, using the method of Harwood and Ritchey and assuming a terminal model for copolymerization [74]. (While the terminal model does not perfectly describe S/MMA copolymerization, the direct comparison it allows with previous research results makes this approach useful in the context of our study.) Fig. 2 indicates that our data are reasonably approximated by a linear function of  $f_{\rm SS}$  and are not well represented by a linear function of  $N_{\rm S} f_{\rm SS}$ . Thus, our results are in accord with the picture of David et al. [67] which in turn indicates that any contribution of energy migration to excimer formation in dilute solutions of S-containing copolymers is small. This is consistent with previous research that concluded that energy migration has a negligible effect on fluorescence of dilute PS solutions [75]. This is in

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contrast to the significant evidence [44,57] for the impact of energy migration in the fluorescence behavior of neat PS and blends containing PS; energy migration may include interpolymer effects in these systems that are dense with phenyl rings.

# 3.2. $T_g$ -confinement effects as a function of S/MMA copolymer composition: Thin film measurements via intrinsic fluorescence.

Fig. 3 compares the intrinsic, room-temperature fluorescence emission spectra of neat, bulk films of PS and two S/ MMA copolymers; each spectrum has been normalized to unity at the peak intensity. The neat, bulk PS film exhibits mostly excimer fluorescence and little monomer fluorescence, much less than that observed in dilute solution relative to excimer fluorescence (Fig. 1). A significant shift from excimer to monomer fluorescence is observed with decreasing styrene content in the copolymers. However, as with the neat PS,  $I_e/$  $I_{\rm m}$  is significantly greater in a copolymer film of given composition than in a dilute copolymer solution of the same composition. This effect may be due to several factors [58]: different conformational states in the bulk film as compared to dilute solution favoring intramolecular excimer formation; interpolymer excimer formation in the bulk film; and an enhancement, relative to dilute solution, in the migration of the excited-state energy to an excimer-forming site in the bulk film.

Previous research [23] has shown that the  $T_g$  value of bulk, neat PS can be measured by plotting intrinsic fluorescence intensity at a given wavelength as a function of temperature over a range of at least 60–70 K roughly centered at  $T_g$ . The  $T_g$  is determined via the intersection of the linear temperature dependences of intensity deep in the rubbery and glassy states. In the results described below, we employ plots of integrated intensity (integrated across the fluorescence spectrum) as a function of temperature. As reported recently in an extrinsic fluorescence study [26], this approach minimizes errors,



Fig. 3. Intrinsic fluorescence emission spectra for bulk films (4–5  $\mu$ m thick) of PS and 58/42 mol% S/MMA and 22/78 S/MMA random copolymers at room temperature. Intensity is normalized to unity at the peak intensity of each film.

leading to more precise  $T_{\rm g}$  determinations. (Within experimental error, identical  $T_{\rm g}$  determinations are made when fluorescence is monitored as a function of temperature over a range of 100–110 K or a range of 60–70 K around  $T_{\rm g}$ .)

Fig. 4 shows  $T_{g}$  determinations for films of PS and selected S/MMA copolymers from the temperature dependence of integrated fluorescence intensity. The integrated intensity, which is proportional to the fluorescence quantum yield, is expected to decrease with increasing temperature because of an enhancement of non-radiative decay rates with increasing thermal energy. However, the change in the temperature dependence at  $T_{\sigma}$  is a manifestation of the change in the temperature dependence of polymer density which also affects non-radiative decay processes [24]. Several points are noteworthy from Fig. 4. In each case, there is a reduction in the strength of the glass transition (defined by the change between the rubbery- and glassy-state temperature dependences of intensity) in the ultrathin films relative to the thin films, a result that is consistent with previous determinations of  $T_{g}$  in PS films using extrinsic pyrene probe fluorescence [24] and ellipsometry [10]. (Fig. 4c and e provide rescaled plots of data shown in Fig. 4b and d for systems in which the  $T_{g}$  strength is particularly weak; these rescaled plots show that precise  $T_{\rm g}$  values can nevertheless be obtained in such cases with fluorescence data of sufficient quality.) Second, the overall change in integrated intensity with temperature is much smaller in ultrathin films, a result also found using extrinsic pyrene fluorescence to determine  $T_{g}$  in PS and several other styrenic-based homopolymers [26]. Finally, in the case of low S mol% copolymers, e.g., 22/78 mol% and 9/91 mol% S/MMA, the temperature dependence of intensity in the glassy state is greater than that in the rubbery state, the opposite of what is observed in PS films or copolymers with 39 mol% or greater S-content. (These results imply that there must be a copolymer composition with S-content greater than 22 mol% and less than 39 mol% that yields essentially no sensitivity of intrinsic fluorescence to  $T_{g}$ . In that case, a fluorescence probe such as pyrene could be added at trace levels to the copolymer film to determine  $T_{\rm g}$  via extrinsic fluorescence [22–26].)

In our previous studies in which  $T_{gs}$  of PS and poly(methyl methacrylate) were measured via pyrene probe or label fluorescence [22-26,33,34], a greater temperature dependence of intensity was always observed in the rubbery state, in accord with the notion that a significant portion of the temperature dependence of fluorescence of pyrenyl dyes in glassforming polymers reflects local density effects, i.e., a slightly denser local environment near a pyrene dye accommodates less non-radiative decay of the excited state leading to higher intensity. As the thermal expansion coefficient is greater in the rubbery state than in the glassy state, this impact of density should yield a stronger temperature dependence of intensity in the rubbery state, consistent with the results observed in the higher S-content copolymers (where much of the fluorescence is due to excimers). Obviously, this explanation does not hold for the low S-content copolymers (where nearly all fluorescence is due to emission from single excited-state phenyl rings rather than excimers).



Fig. 4. (a) Temperature dependence of the integrated intrinsic fluorescence intensity for 4570-nm thick ( $\Box$ ) and 22-nm thick ( $\bigcirc$ ) PS films. (The integrated intensity is normalized to unity at the respective  $T_g$  of each film and arbitrarily shifted.) (b) Temperature dependence of the integrated intrinsic fluorescence intensity of the 39/61 mol% S/MMA random copolymer in 4690-nm thick ( $\Box$ ) and 21-nm thick ( $\bigcirc$ ) films. (The integrated intensity is normalized to unity at the respective  $T_g$  of each film and arbitrarily shifted.) (c) Expanded plot of the data shown in (b) for the 21-nm thick film ( $\bigcirc$ ). (The integrated intensity is normalized to unity at  $T_g$ .)

It is interesting to note that previous research has shown that in certain cases the temperature dependence of the fluorescence of molecular "rotor" or twisted intramolecular charge transfer (TICT) probes or labels can be used to obtain  $T_g$ values in bulk [76] and ultrathin [32,33,77,78] polymer films and that there is a stronger temperature dependence of intensity in the glassy state than in the rubbery state. Obviously, the phenyl rings in the low S-content copolymers under study here are not of the classic "rotor" or TICT type, and further study will be needed to explain the exact origin of the temperature dependence of fluorescence intensity observed in films of such copolymers. Nevertheless, intrinsic fluorescence measurements of bulk films yield  $T_gs$  in excellent agreement with those obtained by DSC (see Table 1).

Fig. 5 shows the thickness dependence of  $T_g - T_{g,bulk}$  as a function of S-content for various S/MMA copolymer compositions; in all cases,  $T_{\rm g}$  data were obtained using the method shown in Fig. 4. The data in Fig. 5 indicate that the  $T_{g}$ nanoconfinement effect may be "tuned" via copolymer composition. The intrinsic fluorescence of PS shows a thickness dependence of  $T_{g} - T_{g,bulk}$  similar to that obtained with extrinsic fluorescence of pyrene doped into or covalently attached to neat PS. (The  $T_{\rm g}$  data obtained from pyrene dopant or label fluorescence [24] were previously shown to be in good agreement with  $T_g$  data obtained by Keddie et al. [13] using ellipsometry.) As the styrene content is reduced from 100 mol% to 22 mol%, the effect of confinement on  $T_{\rm g}$  changes from a reduction to an enhancement of  $T_{\rm g}$  relative to  $T_{\rm g,bulk}$ . This "tunability" of the  $T_{g}$ -confinement effect with copolymer composition as observed by intrinsic fluorescence is in good agreement with results of a recent ellipsometry study by Park et al. [27]. In addition to PS and PMMA films, Park et al. employed two MMA-rich copolymers, which yielded



Fig. 5. Film thickness dependence of  $T_g - T_{g,bulk}$  as measured by intrinsic fluorescence: PS ( $\Box$ ), 58/42 mol% S/MMA random copolymer ( $\bigcirc$ ), 39/61 mol% S/MMA random copolymer ( $\diamondsuit$ ), and 22/78 mol% S/MMA random copolymer ( $\triangle$ ). The curve represents a fit to PS film data from Ref. [26] measured using extrinsic probe fluorescence; the fit employs the empirical relation originally proposed by Keddie et al. [13], yielding the parameter values A = 3.2 nm and  $\delta = 1.63$  (reported previously in Ref. [26]).

smaller reductions in  $T_g$  with decreasing thickness than those observed for neat PS films. The effect of copolymer composition can be explained by the difference in the polymer– substrate interaction. Styrene repeat units exhibit no attractive interaction with the substrate; thus, supported PS films undergo a  $T_g$  reduction with confinement due to the  $T_g$  reduction originating at the free surface (polymer–air interface) of the film [24]. In contrast, MMA repeat units can undergo hydrogen bonding with the silanol units naturally present on the substrate (quartz) surface, which reduces the level of cooperative segmental mobility and thereby leads to an enhancement in  $T_g$  of PMMA films with confinement.

It is noteworthy that the tunability of the  $T_g$ -confinement effect in supported S/MMA copolymer films yields an apparent near invariance of  $T_g$  with film thickness in the case of the 39/ 61 mol% S/MMA copolymer. This may be understood to arise from a balancing of the effects associated with the free surface leading to a reduction in  $T_g$  with confinement and attractive polymer–substrate interactions leading to an enhancement of  $T_g$ . Thus, the perturbations to  $T_g$  caused by free surfaces and polymer–substrate interfacial interactions remain present in this system even though the cumulative effect across a nanoconfined film yields an average measured  $T_g$  value very close to that of a bulk film.

## 3.3. Stress relaxation effects in thin and ultrathin films measured by intrinsic fluorescence

Here we employ fluorescence spectroscopy of PS and styrene-containing copolymer films to investigate stress relaxation in spin-coated thin and ultrathin films that are not annealed above  $T_g$  prior to measurement. The experimental protocol for this section of our study involves heating spin-coated, unannealed samples by 5 K increments, remaining at the temperature for 5 min, measuring fluorescence, and then heating by 5 K, etc. When a temperature is reached that is well above  $T_g$ , the sample is then cooled by 5 K, temperature is maintained for 5 min, fluorescence is measured, and then the sample is cooled by 5 K, etc.

Fig. 6a shows the temperature dependence during heating and cooling of the integrated intrinsic fluorescence intensity for a 260-nm thick PS film. There is a major difference in the intrinsic fluorescence intensity during heating and cooling cycles for temperatures less than  $\sim 390$  K; at temperatures greater than  $\sim 390$  K, the fluorescence responses during heating and cooling are the same within experimental error.

These results indicate that stresses induced during spin coating affect the distribution of local conformational populations in the PS film, which in turn affect the levels of excimer and monomer fluorescence. It must be noted that excimer is often formed from excited-state monomer and results in the loss of monomer fluorescence. This fact in combination with the fact that excimer fluorescence has a low quantum yield means that integrated fluorescence intensity is reduced when there is more excimer formation. In Fig. 6a, there is a sharp increase in intensity with increasing temperature as the unannealed film is heated from 348 K to 368 K. (Similar, although



Fig. 6. (a) Temperature dependence of the integrated intrinsic fluorescence intensity of a 260-nm thick PS film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 408 K measured during heating.) (b) Temperature dependence of the integrated intrinsic fluorescence intensity of a 26-nm thick PS film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 403 K measured during heating.)

not identical, results to those shown in Fig. 6a are obtained during the first heating cycle with other unannealed PS films of identical thickness but made with different spin-coating rotational speeds, ranging from 400 rpm to 3600 rpm, and different solution concentrations. The small differences in the fluorescence exhibited among these films during the first heating cycle may be a manifestation of small differences in residual stresses caused by the use of different spin speeds and solution concentrations.) The temperature dependence of intensity is the opposite in well-annealed PS films (see Fig. 4a). This means that the increase in intensity observed upon heating to 368 K in Fig. 6a is due to a change in local conformational population that disfavors excimer fluorescence. In other words, the stresses associated with spin coating of this film result in local conformations favoring excimer formation (*trans* conformations) beyond that present in wellequilibrated films, and annealing at temperatures significantly below  $T_g$  then leads to some stress relaxation and local conformational populations less favorable for excimers. (This behavior is consistent with that reported by Frank [60] regarding the impact of spin coating on the fluorescence of PS films.) Upon further heating, there is a decrease in intensity. The fact that the intensities upon heating and cooling match at 393 K means that during the heating cycle there is sufficient stress relaxation when the temperature reaches 393 K for the local conformational population in the PS film to be identical within error to that in films experiencing yet further annealing.

This latter point is important because while *some* stress relaxation occurs during heating in the glassy state well below  $T_g$ , the non-equilibrated local conformational populations cannot be fully relaxed by heating a few degrees above  $T_g$  for several minutes. Instead, as measured via intrinsic PS fluorescence and using the heating protocol described above, the stresses induced by spin coating are relaxed only when a temperature of 393 K is reached, 15 K above the  $T_g$  of the film. Note that an accurate  $T_g$  value can be obtained only during the cooling cycle and not during the initial heating cycle; the  $T_g$  value obtained during the cooling cycle measurement is 378 K, in good agreement with the  $T_g$  value measured by DSC for bulk PS and by intrinsic fluorescence in well-annealed PS films (see Table 1).

We note that the unusual fluorescence results exhibited during the first heating cycle in Fig. 6a cannot be explained by the presence of residual solvent in the film after spin casting; instead, it must be associated with the relaxation of nonequilibrated local conformational populations resulting from the spin coating of the film. Spectroscopic ellipsometry was used to measure film thickness as a function of repeated heating and cooling cycles for a film that was spin coated using conditions identical to those used in making the film studied in Fig. 6a. The as-spin-coated initial film had a thickness at 298 K that was 0.2% greater than the film exhibited at 298 K during all subsequent cooling cycles from temperatures well above  $T_{\rm g}$ . This means that not more than ~0.2 wt% residual THF solvent was present in the film at the beginning of the measurement shown in Fig. 6a. This trace level of residual solvent could not lead to the unusual fluorescence behavior exhibited during the first heating cycle in Fig. 6a.

Fig. 6b shows the temperature dependence of the integrated fluorescence intensity during heating and cooling of a 26-nm thick PS film. In contrast to the results in Fig. 6a, there is a sharp drop in the integrated intensity upon heating the unannealed film. The integrated intensities upon heating and cooling are identical only for temperatures greater than or equal to 383 K.

These results indicate that stress relaxation of the unannealed, ultrathin PS film occurs during heating by an increase in local conformational population favoring excimer fluorescence; hence, there is a net reduction in integrated fluorescence intensity, the exact opposite of that observed in the thicker PS film. The reason for this difference between the thin and ultrathin films is unclear. Nevertheless, the results indicate that the effect of stresses on local conformational populations may differ significantly in thin and ultrathin PS films. Notably, the ultrathin PS film exhibits identical fluorescence intensities upon heating and cooling at ~17 K above the film  $T_g$  ( $T_g$  is ~366 K as measured during the cooling cycle). Thus, with the given heating protocol that accounts for the different  $T_g$ s in thin and ultrathin PS films, the temperatures above  $T_g$  required to achieve stress relaxation leading to apparently equilibrated local conformational populations in thin and ultrathin spin-coated PS films are nearly identical.

Fig. 7 shows related results for heating and cooling of unannealed, thin and ultrathin PS films in which pyrene dopants are present in 0.2 wt%. The fluorescence data are the normalized integrated intensities of the pyrene dopant, which should not directly reflect local conformational populations in the PS films. In these cases, the differences observed between the fluorescence measurements obtained upon heating and cooling are much smaller than those in Fig. 6 where measurements involved intrinsic fluorescence from the PS chains themselves. While fluorescence can be a useful method to characterize relaxation of stresses in spin-coated films, Fig. 7 indicates that this approach may yield little value if the fluorescence is being obtained from probes that are not intrinsically a part of the chains themselves and do not reflect the conformational or orientation state of the polymer. However, the small difference observed between the pyrene probe fluorescence upon heating and cooling of PS films indicates that even probe fluorescence may be affected to a small yet measurable extent by unrelaxed stresses. Thus, when  $T_g$  values are determined from probe fluorescence, the data should be obtained (whenever possible) upon cooling from a temperature well above  $T_{g}$ .

Fig. 8 provides data similar to those in Fig. 6 except that the system is a 58/42 mol% S/MMA copolymer, where significant levels of both monomer and excimer fluorescence are present, and the film thicknesses are 500 nm (Fig. 8a) and 20 nm (Fig. 8b). In contrast to the results given in Fig. 6 for PS, with this copolymer system the temperature dependence is observed to be monotonic with temperature. However, as with Fig. 6, the intensities in the heating and cooling cycles are only matched at temperatures significantly above the  $T_{\sigma}$  of each film. In the case of the 500-nm thick film, the match in intensity data occurs at  $\sim 22$  K above the film  $T_g$  while in the case of the 20-nm thick film the match in intensity occurs at ~17 K above the film  $T_g$ . Thus, these results indicate that the stress relaxation accompanying heating of unannealed S/MMA copolymer films is similar to that accompanying heating of unannealed PS films, meaning that the attractive hydrogen bonding interactions present at the substrate in the S/MMA copolymer film have little impact in suppressing stress relaxation associated with spin coating when the films are nearly 20 K above  $T_{\rm g}$ . In both the PS and 58/42 mol% S/MMA copolymer films, a heating protocol of 5 K increments every 5 min requires that the temperature reaches a value of 15–22 K above  $T_g$  for apparently full relaxation of stresses associated with non-equilibrated local conformational populations sensed by intrinsic fluorescence.



Fig. 7. (a) Temperature dependence of the integrated extrinsic fluorescence intensity an 1180-nm thick PS film doped with 0.2 wt% pyrene during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 403 K measured during heating. (b) Temperature dependence of the extrinsic fluorescence integrated intensity of PS doped with 0.2 wt% pyrene in 35-nm thick film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensity at 398 K measured during heating.

Fig. 9 demonstrates that fluorescence can provide some characterization of stress relaxation of S/MMA random copolymers even when the S-content is sufficiently low so that the excimer fluorescence is negligible. It may be possible that local conformational populations affect the rates of radiative and non-radiative decay of the excited monomer species in such copolymers, thereby accounting for the apparent sensitivity of their fluorescence intensities to stress relaxation. In particular, the data in Fig. 9 are for the 22/78 mol% S/MMA copolymer system where the fluorescence spectrum is almost exclusively due to monomer fluorescence. Nevertheless, there are major differences in the fluorescence data obtained from





Fig. 8. (a) Temperature dependence of the integrated intrinsic fluorescence intensity of a 500-nm thick 58/42 mol% S/MMA film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 413 K measured during heating.) (b) Temperature dependence of the integrated intrinsic fluorescence intensity of a 20-nm thick 58/42 mol% S/MMA film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 413 K measured during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 403 K measured during heating.)

unannealed films of this copolymer during heating and cooling cycles. As shown in Fig. 9a, a 230-nm thick film exhibits a significant increase in intensity upon heating from  $\sim 342$  K to  $\sim 390$  K; with further heating, the intensity decreases. The fluorescence intensities match in the heating and cooling cycles at a temperature of 396 K (and greater), which is  $\sim 19$  K above the  $T_g$  obtained from the cooling cycle. In contrast, with a 50-nm thick ultrathin film, there is a small increase in intensity upon heating from 348 K to 358 K; with further heating, the intensity decreases. The fluorescence intensities match in the heating and cooling cycles at 373 K (and greater), which is actually below the  $T_g$  of the ultrathin film. The cause of the latter outcome is uncertain. However, it is possible that better sensitivity to local conformational

Fig. 9. (a) Temperature dependence of the integrated intrinsic fluorescence intensity of a 230-nm thick 22/78 mol% S/MMA film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 405 K measured during heating.) (b) Temperature dependence of the integrated intrinsic fluorescence intensity of a 50-nm thick 22/78 mol% S/MMA film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 405 K measured during heating.) (b) Temperature dependence of the integrated intrinsic fluorescence intensity of a 50-nm thick 22/78 mol% S/MMA film during heating ( $\Box$ ) and cooling ( $\bigcirc$ ) cycles. (The integrated intensities are normalized to unity by the intensity at 413 K measured during heating.)

populations is obtained in S-containing copolymers and homopolymers that exhibit significant levels of excimer fluorescence in addition to monomer fluorescence. Further study of this point is warranted.

While these results are interesting in their own right, they also are valuable in providing guidance for the characterization of rubbery- and glassy-state behavior and  $T_g$  values of thin and ultrathin films. The results presented above indicate that significant relaxation of local conformational populations obtained in unannealed, spin-coated thin and ultrathin films of PS and S-containing copolymers can occur in the glassy state. However, with the heating protocol employed in the present study, full relaxation of the local conformational populations, as observed via intrinsic fluorescence (which is sensitive to the

presence of *trans* conformations in local isotactic runs along a chain of PS or a high-to-moderate S-content copolymer), does not typically occur until the films are heated  $\sim 15-22$  K above the film  $T_{\rm g}$ .

These results are in accord with the study of PS films by Frank and co-workers, [61] that found that the  $I_e/I_m$  values of high molecular weight PS films made at high spin speed (but of unreported thicknesses) relaxed toward a steady-state value over 20 min during isothermal annealing at 383 K and over much longer times at temperatures below  $T_{g}$ . These results are also in qualitative agreement with a portion of a recent study by Reiter and co-workers [79] who found that when 40-65 nm thick PS films (made via spin coating and never annealed above  $T_g$  prior to dewetting studies) were annealed for extended time frames in the glassy state, there were significant changes in the dewetting characteristics of these films at temperatures above  $T_{g}$ . A surprising feature of the study by Reiter and co-workers is that dewetting characteristics continue to be a function of annealing time below  $T_{\rm g}$  even in films that experience dewetting at temperatures nearly 40 K above the bulk PS  $T_{g}$ . At such a high temperature, both our fluorescence data and those of Frank and co-workers [61] indicate that local conformational populations should be equilibrated quickly relative to the time scales associated with dewetting. Further investigation is needed to determine whether intrinsic fluorescence is insufficiently sensitive to some frozen-in polymer conformations that affect the high-temperature dewetting characteristics studied by Reiter and co-workers [79] or another issue beyond that associated with non-equilibrated conformations may be contributing to the effects of glassy-state annealing on dewetting of spin-coated films.

The  $T_{g}$  characterization obtained by intrinsic fluorescence upon cooling relaxed thin and ultrathin films of PS and S-containing copolymers agrees well with results obtained by other methods and in other studies. Hence, the film-thickness dependent  $T_{gs}$  that are often observed in ultrathin polymer films are not inherently a consequence of the spin-coating induced stresses accompanying the film formation. That being said, it is important to note that if the spin-coating induced stresses are not relaxed prior to measurement, as is the case of measuring film thickness upon heating of unannealed films, those stresses may affect the measurements being made because of the stress relaxation that occurs during heating. This is likely a significant contributing factor to the negative thermal expansion coefficients that have been obtained [6] upon first heating of unannealed, spin-coated polymer films. (The extent to which the effects of unrelaxed conformations contribute to cases in which negative, glassy-state thermal expansion coefficients have been reportedly observed [9,12] upon repeated heating and cooling above and below  $T_g$  in selected spincoated ultrathin films is less clear; greater investigation is needed to determine the extent to which the heating protocols employed in such studies relax the unequilibrated conformations in those films.)

Finally, the results of our study indicate that simply heating a spin-coated polymer film to  $T_g$  and holding at temperature for a time scale equal to or several times that associated with the average cooperative segmental relaxation time, i.e., the  $\alpha$ -relaxation time, is insufficient to relax fully the non-equilibrated conformations associated with spin-coating induced stresses [80]. Instead, as observed by intrinsic fluorescence, the full relaxation of spin-coating induced stresses in thin and ultrathin films, in which attractive polymer—substrate interactions are either present or absent, can be achieved by heating well above  $T_g$  for time scales that are long relative to average relaxation times for cooperative segmental mobility. Further study of this behavior is warranted.

#### 4. Summary

Intrinsic fluorescence is measured in dilute solutions and thin and ultrathin films of PS and S/MMA random copolymers. Dilute solution fluorescence is characterized by a ratio of excimer to monomer fluorescence intensity. This ratio increases dramatically with increasing S-content in the copolymer and varies linearly with the S–S dyad fraction in the copolymer, in accord with a study by David et al. [67] and in disagreement with a study by Reid and Soutar [68]. This result is consistent with the notion that excimer fluorescence in dilute solution results from nearest neighbor S units with negligible impact of energy migration.

Thin and ultrathin film fluorescence is characterized via integrated fluorescence intensity. The  $T_g$  is determined from the intersection of the rubbery- and glassy-state temperature dependences of integrated intensity measured upon cooling from an equilibrated state. The  $T_{g}$ -nanoconfinement effect measured by intrinsic fluorescence in supported PS films agrees well with results from studies using extrinsic probe fluorescence [22,24,26] and ellipsometry [13]. The nanoconfinement effect may be tuned using copolymer composition. As S-content decreases in S/MMA copolymers, the confinement effect changes from a decrease to an increase in  $T_{\rm g}$  relative to bulk  $T_{\rm g}$ , with an intermediate S-content copolymer exhibiting a nearly thickness-invariant  $T_{g}$ . The latter effect occurs because of a balance of the effects associated with the free surface leading to a reduction in  $T_{g}$  with confinement and attractive polymer-substrate interactions, involving hydrogen-bonds between the hydroxyl groups on the surface of the substrate and the ester groups in the MMA repeat units, leading to an enhancement of  $T_{\rm g}$ .

Intrinsic fluorescence is also a powerful tool for determining the annealing conditions needed to fully relax the unequilibrated local conformational populations that result in spin-coated PS and S/MMA copolymer films. The residual stresses induced by spin coating affect the conformational populations in the polymers; those populations affect excimer and monomer fluorescence, which in turn affect the integrated fluorescence intensity. Partial stress relaxation occurs during heating in the glassy state of thin and ultrathin films. However, with the heating protocol used here and as characterized by intrinsic fluorescence, full relaxation of the stresses induced by spin coating does not generally occur until the films, both thin and ultrathin, are heated to  $\sim 15-20$  K above  $T_g$ . (In contrast, extrinsic probe fluorescence yields little sensitivity to residual stresses and their relaxation.) These results, coupled with the characterization of the  $T_g$ -nanoconfinement effect, indicate that many observations of modified  $T_g$ -behavior in confined films are not caused by spin-coating induced stresses. Instead, the  $T_g$ -nanoconfinement effect is present in many polymers with well-equilibrated local conformational populations.

#### Acknowledgments

We acknowledge the support of the NSF-MRSEC program (Grants DMR-0076097 and DMR-0520513), Northwestern University, a Henderson Dissertation-Year Fellowship (to C.J.E.), and the use of equipment in shared user facilities managed by the Materials Research Center at Northwestern University. We thank Jungki Kim for assistance with the NMR measurements of the copolymers and Connie Roth for assistance with the ellipsometry measurements.

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